

Always thirsty?

Excessive thirst is
one of the signs
of diabetes.



**YOUNG PEOPLE
CAN GET DIABETES**

KA PĀNGIA TE HUNGA TĀIOHI KI TE MATE HUKA

Any age.
Any stage.
Know the signs.

You could be at risk. Scan the QR code to learn more.

www.diabetesactionmonth.org.nz

